



# Week at a Glance

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST 7:30 AM	Cinnamon French Toast  Breakfast Meat Seasonal Fruit Hot or Cold Cereal  Choice of Juice or Vitality Water Milk / Coffee / Tea / Decaf	Fried Egg  Breakfast Meat Seasonal Fruit Hash Browns Hot or Cold Cereal  Choice of Juice or Vitality Water Milk / Coffee / Tea / Decaf	Waffles  Breakfast Meat Seasonal Fruit Hot or Cold Cereal  Choice of Juice or Vitality Water Milk / Coffee / Tea / Decaf	Spinach, Ham and Cheese Omelet Choice of Toast Seasonal Fruit Hot or Cold Cereal  Choice of Juice or Vitality Water Milk / Coffee / Tea / Decaf	Blueberry Pancakes  Choice of Toast Breakfast Meat Seasonal Fruit Hot or Cold Cereal  Choice of Juice or Vitality Water Milk / Coffee / Tea / Decaf	Egg Benedict on English Muffin Choice of Toast Seasonal Fruit Hash Browns Hot or Cold Cereal  Choice of Juice or Vitality Water Milk / Coffee / Tea / Decaf	Coffee Cake  Breakfast Meat Seasonal Fruit Hot or Cold Cereal  Choice of Juice or Vitality Water Milk / Coffee / Tea / Decaf
	Garden Salad with Dressing  Horseradish Braised Pot Roast Scalloped Potatoes Spring Blend Vegetables  Bread or Roll with Butter  <i>Beef with Ginger and Green Onions</i> <i>Steamed Sticky White Rice</i>  <i>Steamed Snow Peas</i>  Assorted Cookies	Tomato Cucumber Salad  Hickory Smoked Turkey  Three Cheese Noodles Peas and Pearl Onions  <i>Tofu &amp; Vegetable Stir Fry</i>  <i>Pan-Fried Cabbage and Noodles</i>  Tapioca Pudding with Whip Topping	House Salad with Dressing  Orange Ginger Pork Tenderloin Ham Fried Rice Whole Green Beans  <i>Chicken Teriyaki</i>  <i>Country Fried Sweet Potatoes</i> <i>Whole Green Beans</i>  Lemon Meringue Pie	Asian Slaw  Grilled Chicken Breast with Lemon and Thyme Almond Rice Pilaf Buttered Peas  Bread or Roll with Butter  <i>Vegetable Lo Mein with Crispy Tofu</i> <i>Brown Rice</i>  <i>Sautéed Baby Bok Choy</i>  <i>Fortune Cookie</i>  Vanilla Ice Cream Cup	Macaroni Salad  Beef with Mushroom Sauce Ginger Brown Rice Stir Fry Vegetable Blend  <i>Crumb Baked Swai</i>  <i>Stir Fry Vegetable Blend</i>  Frosted Chocolate Cake	House Salad with Dressing  Braised Pork Shoulder  Lyonnais Potatoes Sautéed Broccoli Spears  Bread or Roll with Butter  <i>Fish Sandwich</i>  <i>House Garlic Fries</i>  <i>Sautéed Broccoli Spears</i>  Streusel Apples	Edamame Cucumber Dill Salad  Grilled Fish with Cucumber Relish Garden Rice Roasted Fresh Asparagus Spears  <i>Coconut Shrimp with Sweet and Sour Sauce</i> <i>Garden Rice</i>  <i>Roasted Fresh Asparagus Spears</i>  Fruit Parfait
LUNCH 11:30 AM	Broccoli Cheddar  Sweet and Sour Chicken  Steamed White Rice Mini Egg Rolls  <i>Bratwurst on a Bun</i>  <i>Sauerkraut</i> <i>Cucumber Dill Salad</i>  Chocolate Cake	French Onion  Ham and Cheese Quiche  Oven Roasted Red Potatoes Melon Medley  <i>Fish Sandwich</i>  <i>Potato Wedges</i> <i>Summertime Coleslaw</i>  Cherry Pie	Cream of Mushroom Soup  Philly Cheese Steak Sandwich Steak Fries  <i>Garlic Prawns with Green Onion</i>  Cinnamon Apples	Minestrone Soup  Classic BLT Sandwich  Fruit Ambrosia Salad  <i>Chicken Chow Mein</i>  <i>Asian Stir Fry Cabbage</i>  Mandarin Orange Dessert	Miso Soup  Shrimp and Grits  Steamed Spinach  Cornbread & Butter  <i>Korean Barbecue Beef</i>  <i>Steamed Sticky White Rice</i> <i>Fortune Cookie</i>  Oatmeal Raisin Cookie	Mexican Meatball Soup  Chicken Fajitas  Salsa and Sour Cream  Cantina Corn  <i>Peking Spareribs</i>  <i>Curried Rice</i> <i>Garden Vegetable Saute</i>  Butterscotch Pudding with Topping	Mediterranean Vegetable Soup  Cheese Ravioli with Sauce  Garlic Parmesan Pasta  Breadstick & Butter  <i>Deli Roast Beef Sandwich</i>  <i>Pickle Spear</i> <i>Potato Salad</i>  Lemon Cake
DINNER 4:30 PM							